

2018 OMFRC
ZONE Scenario #1 - "Ju-Don't"

YOUTH/SFA

CYCLE _____

TEAM # _____

NO.	POINTS	DONE	SCENE/PRIMARY SURVEY
1	10		Did the team TAKE CHARGE of the situation?
2	10		Did the team wear protective GLOVES?
3	10		Did the team ASSESS for HAZARDS?
4	10		Did the team REMOVE HAZARDS/ move other athlete back?
5	10		Did the team CALL OUT FOR HELP?
6	10		Did the team ASK for SITUATION HISTORY?
7	10		Did the team IMMEDIATELY provide manual C-SPINE stabilization/ control?
8	10		Did the team DETERMINE the NUMBER OF CASUALTIES? <i>1 at this time</i>
9	10		Did the team ID SELF and OBTAIN CONSENT?
10	10		Did the team warn the patient "DO NOT MOVE?"
11	10		Did the team ASSESS LEVEL OF CONSCIOUSNESS? <i>Unconscious, posturing</i>
12	10		Did the team ASSESS AIRWAY? <i>Open</i>
13	10		Did the team ASSESS BREATHING? <i>28 deep and snoring</i>
14	10		Did the team ASSESS SKIN CONDITION (Circulation) <i>pale, cool and sweaty</i>
15	10		Did the team PERFORM A RAPID BODY SURVEY? <i>No Findings</i>
16	10		Did the team IMMEDIATELY COVER WITH A BLANKET for shock and warmth?
17	10		Did the team ACTIVATE EMS/AMBULANCE?
	170	0	Total of SCENE/PRIMARY SURVEY

JUDGES NOTE:

This section is active for the first 3 minutes of the scenario only! During these first 3 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 3 minutes, the competitor is eligible to receive marks only in the Secondary Survey and no marks may be awarded in this Primary Survey. Actions in this section may be done in any order.

Score Sheet for Patient #1 - "Axial Loading"

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YOUTH/SFA

SECONDARY SURVEY

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO.	POINTS	DONE	HISTORY OF THE PATIENT
18	10		Did the team ask about SYMPTOMS <i>Unknown - Unconscious</i>
19	10		Did the team ask about ALLERGIES? <i>Unknown - Unconscious</i>
20	20		Did the team actively look for medical alert device? <i>None</i>
21	10		Did the team ask about MEDICATIONS? <i>Unknown - Unconscious</i>
22	10		Did the team ask about MEDICAL HISTORY? <i>Unknown - Unconscious</i>
23	10		Did the team ask about LAST ORAL INTAKE? <i>water before match</i>
24	10		Did the team determine INCIDENT HISTORY? <i>Landed on top of head</i>
1st Set of VITAL SIGNS			
25	10		Did the team check LEVEL OF CONSCIOUSNESS? <i>Unconscious</i>
26	10		Did the team check RESPIRATIONS? <i>28 deep and snoring</i>
27	10		Did the team check PULSE? <i>124 rapid and weak</i>
28	10		Did the team check SKIN CONDITION/TEMP? <i>Pale, Cool and Sweaty</i>
29	10		Did the team check PUPILS? <i>Not Equal or reactive</i>
HEAD TO TOE EXAMINATION			
30	5		Check SCALP/HEAD? <i>No Findings</i>
31	5		Check both EYES? <i>pupils non reactive</i>
32	5		Check NOSE? <i>No Findings</i>
33	5		Check CHEEKBONES? <i>No Findings</i>
34	5		Check MOUTH? <i>No Findings</i>
35	5		Check JAW? <i>No Findings</i>
36	5		Check both EARS? <i>No Findings</i>
37	5		Check NECK? <i>loonie size pad mid-neck</i>
38	5		Check both COLLARBONES? <i>No Findings</i>
39	5		Check both SHOULDERS? <i>No Findings</i>
40	5		Check RIGHT ARM? <i>No Findings</i>
41	5		Check LEFT ARM? <i>No Findings</i>
42	5		Check CHEST? <i>No Findings</i>
43	5		Check ABDOMEN? <i>No Findings</i>
44	5		Check BACK? <i>No Findings</i>
45	5		Check PELVIS? <i>No Findings</i>
46	5		Check RIGHT LEG? <i>No Findings</i>
47	5		Check LEFT LEG? <i>No Findings</i>
220	0		Total of SECONDARY SURVEY

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YOUTH/SFA

FIRST AID / TREATMENT

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO.	POINTS	DONE	SPINAL IMMOBILIZATION/ CARE
48	30		Did the team maintain C-SPINE control throughout the ENTIRE scenario?
49	20		Did the team maintain PATENT AIRWAY for the patient throughout?
SHOCK & GENERAL CARE			
50	10		Did the team REASSURE the patient?
51	10		Did the team RE-check LEVEL OF CONSCIOUSNESS? <i>Unconscious</i>
52	10		Did the team RE-check RESPIRATIONS? <i>32 Deep and Snoring</i>
53	10		Did the team RE-check PULSE? <i>144 Rapid and Weak</i>
54	10		Did the team RE-check SKIN CONDITION/TEMP? <i>Pale, Cool and Sweaty</i>
55	10		Did the team RE-check PUPILS? <i>Not Equal and Unreactive</i>
56	30		Were GLOVES EFFECTIVE THROUGHOUT? (Torn gloves MUST be replaced!)
	140	0	Total of FIRST AID/TREATMENT

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YOUTH/SFA

NO.	POINTS	DONE	RECORDING/ DOCUMENTATION
57	20		Was ALL of the patients PERSONAL INFORMATION or Appropriate info recorded?
58	10		Was the INCIDENT TIME AND DATE recorded?
59	10		Was the INCIDENT LOCATION recorded?
60	20		Was the INCIDENT HISTORY (Accurately) recorded?
61	10		Was the patients Unknown ALLERGIES recorded?
62	10		Was the patients Unknown MEDICATIONS recorded?
63	10		Was the patients Unknown MEDICAL HISTORY recorded?
64	10		Was the LAST ORAL INTAKE (water before match) recorded?
65	20		Was the suspected HEAD/ NECK INJURY recorded?
66	20		Was the PATIENTS HEAD/ NECK INJURY SIGNS & SYMPTOMS accurately recorded?
Vital Signs <u>MUST HAVE</u> the <u>TIME</u> recorded as well, to be awarded points !!!			
67	5		Was 1st set of vital signs - LEVEL OF CONSCIOUSNESS recorded? <i>Unconscious</i>
68	5		Was 1st set of vital signs - RESPIRATIONS recorded? <i>28 Deep & Snoring</i>
69	5		Was 1st set of vital signs - PULSE recorded? <i>124 Rapid & weak</i>
70	5		Was 1st set of vital signs - SKIN CONDITION recorded? <i>Pale, Cool & Sweaty</i>
71	5		Was 1st set of vital signs - PUPILS recorded? <i>Not Equal & Unreactive</i>
72	5		Was 2nd set of vital signs - LEVEL OF CONSCIOUSNESS recorded? <i>Unconscious</i>
73	5		Was 2nd set of vital signs - RESPIRATIONS recorded? <i>32 Deep & Snoring</i>
74	5		Was 2nd set of vital signs - PULSE recorded? <i>144 Rapid & Weak</i>
75	5		Was 2nd set of vital signs - SKIN CONDITION recorded? <i>Pale, Cool & Sweaty</i>
76	5		Was 2nd set of vital signs - PUPILS recorded? <i>Not Equal & Unreactive</i>
77	10		Was the C-SPINE CONTROL recorded?
78	10		Was the NOTIFICATION OF EMS WITH TIME recorded?
79	30		Was the NAME(S) of the first aid team LEGIBLY recorded?
	240	0	Total of RECORDING/ DOCUMENTATION

Score Sheet for Patient #1 - "Axial Loading"

2018 OMFRC
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YOUTH/SFA

CYCLE _____

TEAM # _____

NO.	POINTS	DONE	SCENE/PRIMARY SURVEY
150	10		Did the team IMMEDIATELY TAKE CHARGE of the situation?
151	10		Did the team wear protective GLOVES?
152	10		Did the team ASSESS for HAZARDS?
153	10		Did the team REMOVE other athlete/ Hazards?
154	10		Did the team CALL OUT FOR HELP?
155	10		Did the team ASK for SITUATION HISTORY?
156	10		Did the team DETERMINE the NUMBER OF CASUALTIES?
157	10		Did the team ID SELF and OBTAIN CONSENT?
158	10		Did the team ASSESS LEVEL OF CONSCIOUSNESS? <i>Conscious</i>
159	10		Did the team ASSESS AIRWAY? <i>Open</i>
160	10		Did the team ASSESS BREATHING? <i>28 Deep & Laboured</i>
161	10		Did the team ASSESS SKIN CONDITION (Circulation) <i>Pale, Cool and Sweaty</i>
162	10		Did the team PERFORM A RAPID BODY SURVEY? <i>Large Bruising R mid femur</i>
163	10		Did the team IMMEDIATELY COVER WITH A BLANKET for shock and warmth?
164	10		Did the team ACTIVATE EMS/AMBULANCE?
150	0		Total of SCENE/PRIMARY SURVEY

JUDGES NOTE:

This Patient DOES NOT become injured until the 3 minute mark.

There is NO time limit on when the items in the SCENE/PRIMARY SURVEY can be completed. So, unlike all other scenarios - a team may complete any of this page at any point during their 17 minutes and will be awarded the marks.

Score Sheet for Patient #2 - "Ankle Lock"

2018 OMFRC
ZONE Scenario #1 - "Ju-Don't"

YOUTH/SFA

SECONDARY SURVEY

Actions in this section may be performed by the competitor at any point during the scenario.

NO.	POINTS	DONE	HISTORY OF THE PATIENT
165	10		Did the team ask about SYMPTOMS <i>Severe pain R Leg</i>
166	10		Did the team ask about ALLERGIES? <i>None</i>
167	10		Did the team ask about MEDICATIONS? <i>None</i>
168	10		Did the team ask about MEDICAL HISTORY? <i>Fx L hand months ago</i>
169	10		Did the team ask about LAST ORAL INTAKE? <i>Drank water before match</i>
170	10		Did the team determine INCIDENT HISTORY? <i>Grappling, ankle lock = fx.</i>
1st Set of VITAL SIGNS			
171	10		Did the team check LEVEL OF CONSCIOUSNESS? <i>Conscious</i>
172	10		Did the team check RESPIRATIONS? <i>28 Deep & Laboured</i>
173	10		Did the team check PULSE? <i>130 rapid and Strong</i>
174	10		Did the team check SKIN CONDITION/TEMP? <i>Pale, Cool & Sweaty</i>
175	10		Did the team check PUPILS? <i>Equal/Reactive</i>
HEAD TO TOE EXAMINATION			
176	5		Check SCALP/HEAD? <i>No Findings</i>
177	5		Check both EYES? <i>No Findings</i>
178	5		Check NOSE? <i>No Findings</i>
179	5		Check CHEEKBONES? <i>No Findings</i>
180	5		Check MOUTH? <i>No Findings</i>
181	5		Check JAW? <i>No Findings</i>
182	5		Check both EARS? <i>No Findings</i>
183	5		Check NECK? <i>No Findings</i>
184	5		Check both COLLARBONES? <i>No Findings</i>
185	5		Check both SHOULDERS? <i>No Findings</i>
186	5		Check RIGHT ARM? <i>No Findings</i>
187	5		Check LEFT ARM? <i>No Findings</i>
188	5		Check CHEST? <i>No Findings</i>
189	5		Check ABDOMEN? <i>No Findings</i>
190	5		Check BACK? <i>No Findings</i>
191	5		Check PELVIS? <i>No Findings</i>
192	5		Check RIGHT LEG? <i>Lg Femur Bruise, Tib Bruise</i>
193	5		Check LEFT LEG? <i>No Findings</i>
200	0		Total of SECONDARY SURVEY

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YOUTH/SFA

FIRST AID / TREATMENT

Actions in this section may be performed by the competitor at any point during the scenario.

NO.	POINTS	DONE	ASSESSMENT & CARE OF RIGHT LEG FRACTURES
194	20		Did the team FULLY EXPOSE THE RIGHT LEG (up to the Femur?)
195	20		Did the team CHECK CIRCULATION PRIOR to bandaging? <i>Good Circulation</i>
196	20		Did the team FULLY IMMOBILIZE right leg? (Splints or other leg AND 5 -7 bandages?)
197	20		Did the team RECHECK CIRCULATION AFTER bandaging?
198	20		Did the team place an Ice pack (wrapped) on CLOSED RIGHT FEMUR Fracture?
199	20		Did the team place an Ice pack (wrapped) on CLOSED RIGHT TIB/FIB Fracture?
SHOCK & GENERAL CARE			
200	20		Did the team REASSURE the patient about their OWN CARE?
201	10		Did the team RE-check LEVEL OF CONSCIOUSNESS? <i>Conscious</i>
202	10		Did the team RE-check RESPIRATIONS? <i>22 deep and Laboured</i>
203	10		Did the team RE-check PULSE? <i>128 Rapid and Strong</i>
204	10		Did the team RE-check SKIN CONDITION/TEMP? <i>Pale, Cool & Sweaty</i>
205	10		Did the team RE-check PUPILS? <i>Equal/Reactive</i>
206	30		Were GLOVES EFFECTIVE THROUGHOUT? (Torn gloves MUST be replaced!)
	220	0	Total of FIRST AID/TREATMENT

Score Sheet for Patient #2 - "Ankle Lock"

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ZONE Scenario #1 - "Ju-Don't"

YOUTH/SFA

NO.	POINTS	DONE	RECORDING/ DOCUMENTATION
207	20		Was ALL of the patients PERSONAL INFORMATION recorded?
208	10		Was the INCIDENT TIME AND DATE recorded?
209	10		Was the INCIDENT LOCATION recorded?
210	20		Was the INCIDENT HISTORY (Accurately) recorded?
211	10		Was the patients LACK of ALLERGIES recorded?
212	10		Was the patients NO USE of MEDICATIONS recorded?
213	10		Was the patients PAST MEDICAL HISTORY of Left hand fracture recorded?
214	10		Was the LAST ORAL INTAKE (water before match) recorded?
215	10		Was the SUSPECTED CLOSED FRACTURE to the RIGHT FEMUR recorded?
216	10		Was the SUSPECTED CLOSED FRACTURE to the RIGHT TIB/FIB recorded?
217	20		Was the FRACTURE SYMPTOMS Accurately recorded?
Vital Signs <u>MUST HAVE</u> the <u>TIME</u> recorded as well, to be awarded points !!!			
218	5		Was 1st set of vital signs - LEVEL OF CONSCIOUSNESS recorded? <i>Unconscious</i>
219	5		Was 1st set of vital signs - RESPIRATIONS recorded? <i>28 Deep & Snoring</i>
220	5		Was 1st set of vital signs - PULSE recorded? <i>124 Rapid & weak</i>
221	5		Was 1st set of vital signs - SKIN CONDITION recorded? <i>Pale, Cool & Sweaty</i>
222	5		Was 1st set of vital signs - PUPILS recorded? <i>Not Equal & Unreactive</i>
223	5		Was 2nd set of vital signs - LEVEL OF CONSCIOUSNESS recorded? <i>Unconscious</i>
224	5		Was 2nd set of vital signs - RESPIRATIONS recorded? <i>32 Deep & Snoring</i>
225	5		Was 2nd set of vital signs - PULSE recorded? <i>144 Rapid & Weak</i>
226	5		Was 2nd set of vital signs - SKIN CONDITION recorded? <i>Pale, Cool & Sweaty</i>
227	5		Was 2nd set of vital signs - PUPILS recorded? <i>Not Equal & Unreactive</i>
228	10		Was the CIRCULATORY STATUS PRIOR to bandaging recorded?
229	10		Was the IMMOBILIZATION of the RIGHT LEG recorded?
230	10		Was the CIRCULATORY STATUS AFTER bandaging recorded?
231	10		Was the use of ICE PACK on FEMUR recorded?
232	10		Was the use of ICE PACK on TIB/FIB recorded?
233	10		Was the NOTIFICATION OF EMS WITH TIME recorded?
234	30		Was the NAME(S) of the first aid team LEGIBLY recorded?
	280	0	RECORDING/ DOCUMENTATION

Score Sheet for Patient #2 - "Ankle Lock"

2018 OMFRC
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YOUTH/SFA

CYCLE _____

TEAM # _____

SCENARIO SCORE TOTALS:

	PATIENT # 1 - "Knee Pain"	PATIENT # 2 - "Back Strain"
SCENE/PRIMARY SURVEY	0	0
SECONDARY SURVEY	0	0
FIRST AID/ TREATMENT	0	0
RECORDING/DOCUMENTATION	0	0
PATIENT TOTAL	0	0
SCENARIO TOTAL	0	/ 1620